

MENU

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal (meat option)	Lasagne with garlic bread, carrots and peas	Hot dog with potato wedges	Roast gammon with roast potatoes, yorkshire pudding and gravy	All day breakfast	Fish fingers or salmon fingers and chips with baked beans
Main Meal (vegetarian)  	Vegetarian lasagne with garlic bread, carrots and peas	Vegetarian hot with potato wedges	Quorn fillet with roast potatoes, yorkshire pudding and gravy	Vegetarian all day breakfast	Quorn nuggets and chips with baked beans
Jacket potato / sandwich option	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection
Dessert selection  	Cheese & crackers with grapes	Chocolate crunch & custard	Ice cream	Brownie & custard	Shortbread biscuit
Fresh fruit / Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt	Fresh fruit Yoghurt



- 1 of your 5 a day



- healthy option