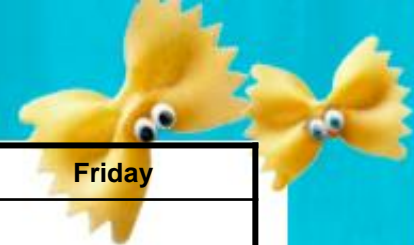


# Spring 2017 Menu Week 1



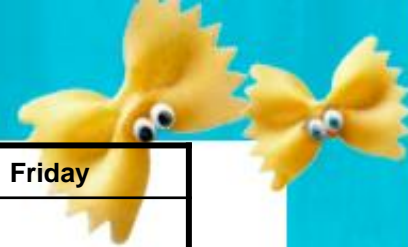
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Pasta Pack's Bolognese with Pasta</b> <i>Beef and Tomato Sauce</i> <b>Broccoli &amp; Sweetcorn</b>	<b>Minced Beef &amp; Onion Pie with New Potatoes</b> <b>Green Beans &amp; Roasted Veg</b>	<b>Roast Turkey and Bud's Crispy Spuds and Gravy</b> <b>Cabbage &amp; Carrots</b>	<b>BBQ Chicken Thigh</b> <i>Chicken Thigh in a BBQ sauce with</i> <b>Sweet Potato Mash</b> <b>Coleslaw &amp; Sweetcorn</b>	<b>Crispy Fish with Chips</b> Crispy Battered Pollock <b>Chips</b> <b>Baked Beans &amp; Peas</b>
<b>Sandwiches</b>	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna
<b>Jacket Potatoes</b>	Baked Beans	Cheese & Bean	Coleslaw	Cheese	Baked Beans
<b>Alternative Dish</b>	<b>Mega Mozzarella &amp; Tomato Pizza</b> With Jacket Wedges  <b>Broccoli &amp; Sweetcorn</b>	<b>Pasta Packs Neapolitan Cheesy pasta</b> <i>Tomato Pasta with Cheese</i> <b>Green Beans &amp; Roasted Veg</b>	<b>Super Quorn Roast and Bud's Crispy Spuds</b> <b>Cabbage &amp; Carrots</b>	<b>Mexican Vegetable Chilli with Rice</b> <i>Mild Chilli Vegetables and Beans</i> <b>Coleslaw &amp; Sweetcorn</b>	<b>The Very Veggie Burger with Chips</b> <b>Baked Beans &amp; Peas</b>
<b>Desserts</b>	Lemon Sponge & custard Ice Cream Pot Fresh Fruit	Crunchy Plum Crumble with Custard Jelly Fresh Fruit	Marble Sponge & Custard Berry Chill Fresh Fruit	Oatie Biscuit Chocloate Mouse Fresh Fruit	Chocolate And Mandarin Sponge with Chocolate sauce Jelly Fresh Fruit

Cool Water served daily

\*Fruit Based \*\*Wholegrain



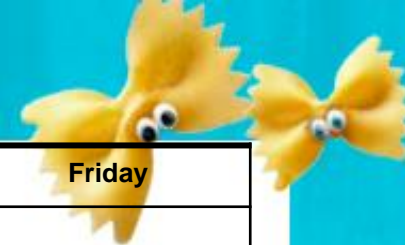
# Spring 2017 Menu Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Meat Balls in Tomato Sauce with Rice</b>  <b>Broccoli &amp; Salad</b>	<b>Bangers with a Mash Mountain</b> Pork sausages with a Creamy Mash and Gravy <b>Peas &amp; Carrots</b>	<b>Roast Gammon with Bud's Crispy Spuds with Gravy</b> <b>Roasted Vegetables &amp; Green Beans</b>	<b>Chicken casserole with Herby Dumplings</b> <b>And Bud's Mashed potatoes'</b> <b>Carrots &amp; Spinach</b>	<b>Fish Fingers with Chips</b> Breaded Fish Fingers <b>Baked Beans &amp; Sweetcorn</b>
<b>Sandwiches</b>	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna
<b>Jacket Potatoes</b>	Baked Beans	Coleslaw	Tuna	Cheese	Baked Beans
<b>Alternative Dish</b>	<b>Pasta Pack's Mac 'N' Cheese</b> Macaroni Cheese  <b>Broccoli &amp; Salad</b>	<b>Vegetarian Bangers with a Mash Mountain</b> Vegetarian sausages with a Creamy Mash and Gravy <b>Peas &amp; Carrots</b>	<b>Bean and Chive Frittata with Bud's Crispy Spuds</b> <b>Roasted Vegetables &amp; Green Beans</b>	<b>BBQ Quorn and Bean Wrap</b> <b>With Rice Carrots &amp; Spinach</b>	<b>Vegetable Lasagne With Chips</b> <i>Layers of Pasta &amp; Vegetables topped with a Cheesy sauce</i> <b>Baked Beans &amp; Sweetcorn</b>
<b>Desserts</b>	Apple Sponge & Custard* Strawberry Fro Yoghurt Fresh Fruit	Berry Flapjack Fruit Strudel With Custard* Fresh Fruit	Mini Brownie with Fresh Fruit Ice Cream pot	Pineapple Upside Down Cake with Custard Jelly Fresh Fruit	Yoghurt with Pear & Blackcurrant compote Fruit Sponge Cake with Custard* Fresh Fruit



# Spring 2017 Menu Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	Really Cheesy Pizza Bianca With Wedges cheese sauce pizza with tomatoes and mozzarella <b>Broccoli &amp; Sweetcorn</b>	Chunky Chicken Bite With Pasta Salad <i>Home Made Breaded Chicken</i> <b>Green Beans &amp; Tomato Salsa</b>	Roast Pork with Bud's Creamy Spuds & Yorkshire puds with Carrots, Cabbage and Gravy	Sadie's Lasagne with garlic Bread <i>Beef lasagne</i> <b>Peas &amp; Chopped Salad</b>	Super Hero Burger with Chips <b>Beef Burger</b> <b>Baked Beans</b> <b>Coleslaw</b>
<b>Sandwiches</b>	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna	Ham ,Cheese Or Tuna
<b>Jacket Potatoes</b>	Cheese	Coleslaw	Baked Beans	Cheese	Baked Beans
<b>Alternative Dish</b>	Pasta pack's Tomato & Basil Pasta <i>Rich tomato and Basil Sauce with Wholemeal Pasta</i> <b>Broccoli &amp; Sweetcorn</b>	Cheese and Red Onion Quiche with Pasta Salad <b>Green Beans &amp; Tomato Salsa</b>	Baked Bean and Cheese Bubble & squeak <b>Cabbage &amp; carrots</b>	Sadie's Chow Mein with Noodles Quorn chow mein with noodles <b>Peas &amp; Salad</b>	Crispy salmon fillet with Chips <i>Baked Breaded Salmon</i> <b>Baked Bean &amp; Coleslaw</b>
<b>Desserts</b>	Treacle Sponge & Custard  Silvertops Cool Ice-Cream Pot <i>Apple Fruit</i>	Raspberry Loaf Cake with Custard* Yoghurt Fresh Fruit	Creamy Rice Pudding Chocolate Crispy Fresh Fruit	Boss' Banana & Sticky Toffee Pudding* with Custard Yoghurt with Mixed Fruit Compote Fresh Fruit	Oatie Apple Crumble with Custard Yoghurt Fresh Fruit

Cool Water served daily  
\*Fruit Based \*\*Wholegrain

